

Save the date!

# MENTAL HEALTH & WELLNESS FAIR

*A free community healthcare event open to all!*

Saturday, September 14th • 1:30 - 4:30pm

Evanston Public Library

1703 Orrington Ave., Evanston, IL 60201

*Join us to learn more about mental health and the variety of services and supports available in the community*

*Additional Parking at Church Street Self-Park, 525 Church St. (1 block east of library)*

*Over 25 mental health organizations and practitioners • Resources for adolescents through older adults • Art exhibit by people with experience of mental illness • Creative arts therapy demonstrations • Free education sessions on mental health issues • Refreshments, giveaways, and door prizes!*

FOR MORE INFORMATION, CONTACT THE LIBRARY SOCIAL WORKER AT 847-448-8659



In-Home Counseling  
counseling in the comfort of your own home



Cook County  
North Suburban



**EVANSTON PUBLIC LIBRARY**  
**MOBILE RESOURCE**  
**CENTER:**  
**ADVANCING KNOWLEDGE OF**  
**PERSONAL FINANCE, LAW, &**  
**HEALTH**

Monthly, topical sessions  
90 Minute classes  
Childcare Available

- September 17: Free BBQ and Kick-off
- October 15: How to Find a Lawyer if You Can't Afford One

**Kickoff BBQ - September 17**

**6-7:30pm**

**Family Focus**

**All are welcome! No registration**



Funded in part through a grant from the  
Evanston Community Foundation





## Wellness Wednesdays

Hear medical experts discuss a  
variety of consumer health topics!

*Wednesdays, 2 pm-3pm or 7 pm-8 pm*

Evanston Public Library - 1703 Orrington Avenue--Evanston, IL 60201

Unless otherwise noted\*

*Wednesday, July 17, 7 pm; Aug 21, 10 am; Sep 4, 7 pm; Sep 18, 7 pm*

"Medicare Education 101: Medicare basics" with Eric Slaughter  
Small Meeting Room

*\*Wednesday, Oct 2, 7:30 pm; Nov 2, 7:30 pm; Oct 9, 7:30 pm; Nov 6, 7:30 pm*

*at Gibbs-Morrison Cultural Center, 1823 Church St, Evanston, IL 60201*

"Medicare Education 101: Medicare options" with Eric Slaughter

*Wednesday, July 24, 2 pm*

"Menthol Cigarettes: an African American health threat" with Dr. Alicia K. Matthews  
Small Meeting Room

*Wednesday, Oct 16, 7 pm*

"Understanding Medicare" with John Larson  
Community Room

Phone the Readers Services desk at (847) 418-8620 to register.

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