



### Parenting Fundamentals Summer 2019 Class Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Metropolitan Family Services North Center 3249 N Central Ave 6:00pm – 8:00pm Parents with children 8-12 July 22 – September 16	Richardson Middle School 6018 s Karlov Chicago 60629 11:00 am – 1:00pm July 9 – August 27 Parents with children 8-12 SPANISH	Metropolitan Family Services North Center 3249 N Central Ave 6:00pm – 8:00pm Parents with children 4-8 July 24- September 11 SPANISH	Stevenson Elementary School 8010 s Kostner Chicago 60652 9:00am – 11:00am July 25- Sept 12 Parents with children 0-4 Stevenson Parents only SPANISH	
Metropolitan Family Services Learning & Wellness Center 5338 S. Loomis Blvd 4:00pm-6:00pm Parents with children 0-8 July 22 – September 16	Metropolitan Family Services Palos Hills 10537 S Roberts Rd 5:00pm – 7:00pm Parents with children 0-8 July 23 – September 10	MetCalf 12339 s Normal ave 10:00am- 12:00pm Parents with Children 8-12 July 24 – September 11 MetCalf Parents Only	Metropolitan Family Services Evanston/ Skokie 820 Davis St. 6:00pm-8:00pm Parents with children 0-8 July 25- Septemebr 12	
Ada S McKinley 11400 S. Edbrooke Ave Roseland July 22 – September 16 3:30pm- 5:30pm Parents with children 0-4 Ada Clients Only		Metropolitan Family Services Southeast Center 3062 E 91 <sup>st</sup> Chicago 4:00pm – 6:00pm Parents with children 8-12 July 24 – September 11	MFS Dupage Wheaton/ Warrenville Early Childhood 222 E Willow ave Wheaton IL 9:00 am – 11:00am Parents with children 0-4 July 25 – September 12	



To register please call 773-884-2290 - Fax number 773-282-6698



**Parenting Fundamentals (PF)** offers parents tools and techniques to help their children live fulfilling and productive lives. PF is a comprehensive, evidence-based Parenting Education program that offers classes in English and Spanish to parents with children ages 0-18. The program empowers parents through education to strengthen their families and improve school performance.

Parenting classes are two-hour sessions that teach the importance of parent-child connection, positive parenting skills, effective discipline, support for school success and self-care for parents. The PF program also provides additional family support and guidance through Home Visits that allow for one-on-one time with the parenting educator to address needs that may be difficult to bring up in class, support parent-child interaction in the home, and assess for other resources families may need. Childcare is provided for children while parents attend the class and refreshments are served.

For more information about the program, please contact Intake at 773-884-2290

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**Fundamentos de Crianza (PF)** ofrece a los padres herramientas y técnicas para ayudar a sus hijos a vivir una vida plena y productiva. PF es un programa educativo integral para padres basado en evidencia, que ofrece clases en inglés y español a padres con niños de 0 a 18 años. Este programa ofrece herramientas a los padres para fortalecer a sus familias y mejorar el rendimiento escolar.

Las clases de padres son sesiones de dos horas que enseñan la importancia de la conexión entre padres e hijos, habilidades positivas para los padres, disciplina efectiva, apoyo para el éxito escolar y cuidado personal para los padres. El programa de PF también brinda apoyo y orientación familiar adicionales a través de visitas a domicilio que permiten un tiempo individual con el educador de padres para atender las necesidades que pueden ser difíciles de discutir en clase, apoyar la interacción entre padres e hijos en el hogar y evaluar recursos que las familias puedan necesitar. Se proporciona cuidado de niños mientras los padres asisten a clase. Se ofrecen refrescos.

Para obtener más información sobre el programa, comuníquese con Intake al 773-884-2290